

MENU

Sit-in or Take away menu

BREAKFAST

Overnight oats	€5.00
Granola pots	€5.00
Fruit pots	€5.00
Toasted bagel with chilli and lime avocado, soft poached eggs and rocket	€7.50
Toasted bagel with chilli and lime avocado, soft poached eggs and rocket with a choice of: black pudding, chorizo or bacon	€7.95
Eggy brioche toast, banana, salt caramel and granola, cinnamon sugar	€7.35
Breakfast bap, bacon, sausage, hash brown, rocket, relish and rocket	€6.95
Buttermilk pancakes with berries maple syrup and vanilla cream GF	€7.35
Waffles with berries maple syrup and vanilla cream	€7.35
Eggs Benedict	€8.50

SANDWICHES

Bagel with cream cheese, tomato, rocket and Bacon	€8.50
Bagel with cream cheese, cucumber, rocket and smoked salmon	€8.50
Chicken, bacon & red onion wrap	€7.50
Egg mayonnaise & rocket sandwich	€7.50
tuna mayonnaise & red onion sandwich	€7.50
Hummus, red pepper & rocket sandwich	€7.50

TOASTED SANDWICHES

Croque monsieur	€9.00
Chipotle chicken, cheddar & rocket wrap	€7.50
Onion bhaji, vegan cheese & red pepper wrap	€7.50

SOUP OF THE DAY

Soup & sandwich combo	€10.50
Vegetable broth with wheaten bread	€5.95
Seasonal soup of the day with Wheaten bread	€5.95

LIGHT MEALS

Loaf sausage roll with Ballymaloe chutney	€5.20
Loaf vegan roll with Ballymaloe chutney	€5.20

MAIN MEALS

Seafood chowder & wheaten bread	€9.65
Irish stew & wheaten bread	€9.00
Filled jacket potato	€8.25
Quiche of the day	€8.25

SALADS

Giant cous cous, grilled vegetables and halloumi	€8.50
Chicken caesar salad	€8.50

SCONES & TRAYBAKES

Homemade scone	€3.40
Chocolate brownie	€4.20
Triple chocolate muffin	€4.20
Caramel slice	€4.20
Caramelita	€4.20
Fifteen	€4.20
Slice of cake	€4.45

COFFEE, TEA & DRINKS

Americano	€3.40
Latte	€3.60
Cappuccino	€3.60
Flat white	€3.40
Mocha	€4.10
Espresso (double)	€3.00
Hot chocolate with cream & marshmallows	€4.50
Tea	€2.50
Speciality teas	€2.80
Soft Drinks	from €2.65
Fruit smoothies	€5.00